

# Interpersonal Communication

Lecturer	William Walker
Institution	University of Ottawa
Email	twalker4@uottawa.ca
Class time	Morning

## Course Description:

In this course we will cover major theories and techniques related to the analysis of interpersonal communication including communication in professional and social situations.

At this time in history we communicate in our personal and professional lives with more people and through more mediums than ever before. This significant increase in communication requires effective interpersonal communication skills.

Interpersonal communication competency is a significant factor in establishing and maintaining personal wellbeing, healthy personal relationships and achieving professional and career success. This course will cover both foundational theories of communication as well as practical techniques and strategies you can apply to improve communication in your personal and professional life now and in the future. In addition to being taught foundational theories you will also be empowered to reflect on your own communication skills and to develop them in class and outside of class.

By the end of the course, students will:

1. Have gained theoretical knowledge of major interpersonal communication theories and techniques and how they apply to different social and professional contexts.
2. Understand and appreciate the importance of the interpersonal domain and the role of interpersonal communication in promoting human development socially, culturally, professionally and ethically.
3. Improve interpersonal communication competence through increased self and situational awareness, reflection on experience, and active experimentation throughout the semester.

## Materials/Text:

All course materials will be in the form of articles in electronic format. No textbooks are required.

## Requirements:

N/A

## Schedule:

Class 1 (July 8): Introduction to interpersonal communication  
Class 2 (July 9): Interpersonal communication goals and planning  
Class 2 (July 10): Persuasion  
Class 4 (July 14): Managing impressions  
Class 5 (July 15): Assertiveness  
Class 6 (July 16): How emotions influence communication  
Class 7 (July 17): Listening  
Class 8 (July 21): **Midterm exam**  
Class 9 (July 22): Managing disclosure and privacy  
Class 10 (July 23): Reinforcement communication / giving and receiving feedback  
Class 11 (July 24): Ethics / managing interpersonal deception

Class 12 (July 28): Negotiation

Class 13 (July 29): Managing conflict in interpersonal communication

Class 14 (July 30): Nonverbal communication

Class 15 (July 31): **Final exam**

### **Assignments:**

Students will participate in in class activities including group discussions, analysis of case studies, and role-playing. Participation and attendance will be recorded in class for these activities. No homework or preparation is required for these in-class activities.

The midterm and final exams will be multiple choice, true/false and short answer questions.

### **Evaluation:**

Participation in Class Activities: 40%

Midterm Exam: 25%

Final Exam: 35%

Grading scale.

A+	A	B+	B	C+	C	D+	D	F
95 – 100	90 – 94.99	85 – 89.99	80 – 84.99	75 – 79.99	70 – 74.99	65 – 69.99	60 – 64.99	0 – 59.99